

# IV THERAPY

## PUSH/SHOTS

Injecting vitamins is a more efficient way to utilize the vitamin properties since it bypasses the liver. The vitamins are in a form that the body does not have to convert to become activated and therefore see immediate results of feeling back to your authentic self.

## Myer's Cocktail

Replenishes nutrition and hydration with added benefits of immune support, boosts mood, enhances cognition, and energy. Vitamin C, B Complex, B5, B6, B12, calcium, and magnesium.

## Glutathione

Greatest immune vitamin, athletic recovery (or hangover relief), detoxification support, anti-aging properties, and circulation.

## B12 with/ without Fat Burner

Plays role in DNA synthesis, energy boost, and mood with added benefit of amino acids that support melting fat away by increasing metabolic rate

## NAD+ Energy Shot

Focused on burn out, energy boosting, brain fog, and athletic performance. Vitamin NAD+, B Complex, B1, B9, B12, and carnitine.

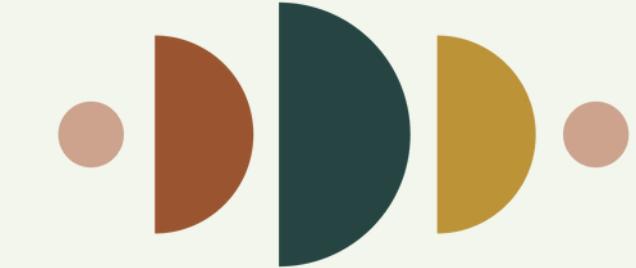
# Ceremony

## Retreat



## Cacao

Chocolate is translated to "Food for the Gods" in its medicinal form. It is used ceremoniously in a heart centered practice to find creativity, joy, love, and connection so that you can move through blockages.



# Services

[www.drsayrelimburg.com](http://www.drsayrelimburg.com)

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# PEPTIDES

## INJECTABLES

This is a treatment method that is composed of short amino acids that the body already utilizes. Peptides can facilitate the body to heal at a cellular level to create strong responses to action. The peptides listed below are the ones typically available but ask about other options for your condition to find the right fit.

### BPC 157

Helps to decrease inflammation to improve joint or injury damage by promoting cell and tissue growth. Excellent for gut healing too.

### CJC-1295/IPAMORELIN

Stimulates receptors in brain to naturally release growth hormones for lean muscle, reducing fat, and improving performance.

### Epithalon

This is a natural peptide that decreases with aging but stimulates collagen for anti-aging properties and performance

### Thymosin Alpha 1

Mainly used in any autoimmune condition but can help heal inflammation in the digestive tract, modulates immune system, and can be used in fertility.



# HYDROTHERAPY

## POWER OF VITALITY

- INFRARED SAUNA
- STEAM SAUNA
- COLD PLUNGE
- IONIC FOOT BATH
- BODY WRAP DETOX
- HERBAL FACIAL
- CUPPING
- CASTOR OIL PACKS
- COLD LAZER (REQUEST)

# PRP

## PLATELET RICH PLASMA

Uses the innate power of platelets to utilize concentrated growth factors, attract stem cells, and modulate inflammation to accelerate healing in a specific area.

01

JOINT PAIN/INJURIES

02

HAIR RESTORATION

03

SKIN IMPURITIES (VAMPIRE)

04

BREAST AUGMENTATION